

ABSTRACT

SPECIAL FUND PROPOSAL

Section I. BASIC INFORMATION

Proposed Project Title: Nutrition and Health Information Literacy in New Haven Public Schools

Grant Source and Agency: National Network of Libraries of Medicine Region 7.
Program Plan for Health Outcome Initiative Programs

Total Amount Requested: \$28,800.20 **Due Date of Application:**

System Contact: Erik Patchkofsky, Athletics Director, New Haven Public Schools

Telephone #: 475-220-1100

Description of Project: Provide a brief description below. Use Section VI to outline specific objectives and strategies relating to goals described in the application.

This project brings New Haven Public School (NHPS) teachers/librarians, medical librarians from Quinnipiac University and Yale University, medical, and nutritional experts to develop a health information literacy curriculum. We will center on two initial areas: evaluating and applying nutritional information so students can make better decisions about diet, and evaluating health information in order to make better decisions about health claims.

TARGET: Schools/Unit: all New Haven Public Schools
No. of Students: 13,019 **Grade Level(s):** middle and high school students
Eligibility Criteria: middle and high school students

GRANT PERIOD:

From: (mm/dd/year):
9/01/2022
To: (mm/dd/year):
4/30/2023

New

Continuation

Previous Bd. of Ed. Approval:

Planning

Operational

Bd. of Ed. Information

Action

Information

Support

Competitive

Entitlement

Grant

PROPOSAL DEVELOPERS:

Matthew Wilcox
Erik Patchkofsky
Kim Rogers
Liliya Garipova

CENTRAL OFFICE USE ONLY – MUST REMAIN ON PAGE 1

ABSTRACT TIMETABLE

REVIEW

Return to: _____
Received: _____
Board of Education FINANCE & OPERATIONS Meeting Date: 9/7/22
Board of Education Meeting Date: 9/14/22
Due Date to Grantor: _____

Grants Manager: Pat DeMaas
Finance Manager: Shane
Human Resource Manager: _____

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SECTION II: FISCAL INFORMATION

PERSONNEL

# FT	#PT		COST
		Administrators	\$0
		Teachers	\$0
		Management	\$0
		Paraprofessionals	\$0
		Clerks	\$0
		Others	\$0
	25	Stipend	\$8,250.30
		Longevity	0
		SUBTOTAL	\$8,250.30

NON-PERSONNEL

	COST
Supplies & Materials	\$2,000.00
Student Transportation	\$0
Staff Travel	\$0
Internal Evaluation	\$0
External Evaluation	\$0
Independent Contractors	\$15,000.00
Equipment	\$0
Other	\$0
Indirect Costs, if allowed	\$2,800.20
TOTAL NON-PERSONNEL	\$19,800.20

FIXED COSTS:

Health Benefits	\$0
Pension (Paras & Mgmt.)	\$0
FICA/Medicare	\$688.50
Workmen's Compensation	\$61.20
SUBTOTAL	\$749.70
TOTAL PERSONNEL & FIXED COSTS	\$9,000.00

Notes:

- 1) Total Personnel and Non-Personnel columns must equal grant total.
- 2) The Abstract budget must be aligned with the Grant Application budget/ED114.
- 3) All applications should budget for staff development (stipends) and evaluation wherever appropriate.

SECTION IIA: BUDGET EXPLANATION

The following categories must be explained:

All Personnel: explain positions; **Salary:** if the grant pays a percent of salary and fixed costs, please describe below, breaking down **percentages and amounts to be paid by grant and by NHPS**. **Other;** and **All Non- Personnel items**. If additional space is needed, continue to next page.

All Personnel:

Teacher, stipend for creating health curriculum inclusion: \$2,291.75

Teacher, stipend for PD workshops: \$458.35

Management, stipend for video production: \$2,291.75

Others (LMS Coordinator), stipend for PD workshops: \$458.35

Others (school librarians), stipend for PD workshops: \$3,750.10

All Non- Personnel:

Contractor (nutritionist), compensation for research, copy editing, nutrition consultation and translation: \$13,750.50

Supplies and materials: \$2,000.00

Indirect costs: \$2,800.20

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SECTION III: SYSTEM OBLIGATIONS

Project support from other programs: None Yes **Explain:**

Linkage with other programs: None Yes **Explain:** Health Literacy Inclusion will become part of the health education curriculum

Local Fiscal costs, (include renovation): None Yes **Explain:**

Future local personnel obligations: None Yes **Explain:**

PROJECT OR GRANT REQUIREMENTS

- | | | |
|---|---|---|
| <input type="checkbox"/> Local Maintenance | <input type="checkbox"/> Replication | <input type="checkbox"/> Parent Involvement |
| <input type="checkbox"/> In-Service Training | <input type="checkbox"/> Advisory Committee | <input type="checkbox"/> Linkage w/other Programs |
| <input type="checkbox"/> Non-Public School Involved | | <input checked="" type="checkbox"/> Dissemination |

ADDITIONAL RESTRICTIONS OR CONCERNS

SUBMITTING ADMINISTRATOR: Erik Patchkofsky 10/18/202
Signature **Date**

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SECTION IV: PROPOSED PERSONNEL

List, **individually**, each position proposed by this grant application. **If no personnel**, please indicate N/A in the chart below

F/T	P/T	Classification	Position Description	Duration of Proposed Service	Proposed Employee	Current NHPS Employee Yes/No	If Yes Current Employee Number
	1	Management	Coordinator, video producer	9/1/2022 – 4/30/2023	Liliya Garipova	Yes	36153
	1	Teacher	Health Education Teacher	9/1/2022 – 4/30/2023	NaaLomoley Sahin	Yes	24665
	1	Other	LMS Coordinator	9/1/2022 – 4/30/2023	Kim Rogers	Yes	22465
	22	Other	School librarians	9/1/2022 – 4/30/2023	List attached	Yes	List attached

V. PROPOSED CONTRACTS

List **individually**, each contract that will be prepared by this proposed project. **If contractors will not be utilized**, please indicate **N/A** in the chart below.

Proposed Independent Contractor	Brief Description of Service	Proposed Pay Rate	Proposed Total
Maria Asis, MD	Research, copy writing, video production	\$764 per video (18 total)	\$13,750.50

VI. ADDITIONAL INFORMATION:
Please Answer All Questions -- Use Additional Pages if Necessary

1. Please state specific goals for this grant or the grant period.

- 1) Create a series of videos about healthy cooking.
- 2) Develop an inclusion into the health curriculum about health information literacy.
- 3) Conduct workshops with the teachers and library personnel on health information literacy.
- 4) Create print/digital materials for further dissemination about health information literacy.

2. If this is a continuation grant, please detail past year goal performance and accomplishments. Use additional space if needed:

N/A

3. How does this grant address School Reform goals?

The initiatives funded by the grant aim to build resilience to misinformation and to provide support for teachers and school leaders by teaching them to research and evaluate health information, to make evidence-based informed decisions. The initiatives are fully aligned with the State of CT Healthy and Balanced Living Curriculum Framework requirements.

4. Please explain why this proposal is significant and important in relation to improving student and/or staff performance, as well as any additional pertinent information that is specific and relevant: (Include resume of person(s) providing service for contracts \$10,000 and over)

Students spend a lot of time online browsing and consuming content and need reliable guidance on how to navigate the World Wide Web when it comes to health information. The existing NHPS health curriculum does not offer any guidance or resources on this matter. The Institute of Medicine (IOM) report on health literacy concludes that “the “most effective means to improve health literacy is to ensure that education about health is a part of the curriculum at all levels of education” (IOM, 2004, p. 149). The proposed inclusion on health information literacy is intended to close this gap by addressing one of the most important aspects of health literacy - digital information health literacy. The proposed health curriculum unit is intended for the 7-8th grade students who are active and confident Internet users.

One specific need related to health information is related to nutrition and diet information. NHPS needs to build the capacity of students to be able to decipher through this information and make decisions that align with science. To do this we propose piloting a series healthy cooking video classes address the need in health information literacy by providing science-based information about food and nutrition. The need for this information is evident when we look at the obesity numbers in CT and in New Haven. According to CT DPH 2018 report, almost one-third of Connecticut’s youth are overweight or obese. Nutrition education is critical in addressing this problem. Medically, 34% of New Haven residents report obesity, and average hypertension rates are higher in New Haven than in Connecticut as a whole. New Haven residents have the highest rates of preventable ER visits and hospital stays for hypertension and diabetes. Education about nutrition, food safety, cooking techniques and critically assessing health misinformation is a vehicle to improve our community’s health footprint. The proposed project is going to address the entire New Haven learning community - families of students, and NHPS staff with the focus on low income families, and minorities.

REQUIRED:

A COPY OF THE GRANT APPLICATION MUST BE ATTACHED TO THE ABSTRACT.

LIST OF LMS (SCHOOL LIBRARIANS)

LMS	School #1	School #2
Elementary		
Buckley, Ariana	Conte-West Hills	
Buynak, Shelly	Hill Central	Beecher
Ceneri, Dianne	BRAMS	Clinton
Cook, Alicia	Ross Woodward	
Osenko, Mark	W. Hooker K-2	W. Hooker 3-8
Hennessey, Rita	Troup	Truman
Lopez, Raquel	Nathan Hale	
MariConda, Gina	Mauro-Sheridan	Barnard
McGovern, Tricia	John Daniels	
Pakutka, Christine	Jepson	
Quinn, Karen	Clemente	Wexler
Knowles, Valerie	King Robinson	
Seely, Molly	Brennan-Rogers	
Virtue, Lynn	Fair Haven	
High School		
Aiello, Eileen	New Haven Academy	
Campbell, Pamela	Hillhouse HS	
Cupole, Charline	Metropolitan	
Granata, Diana	COOP	
McMullen, Mary	Wilbur Cross	
Norwood, Susan	Sound School	
Pierson, Fran	High School in the Community	
Wilson, Marilyn	Hill Regional Career	

Maria C. Asis, MD

60 Newton Road, Woodbridge, CT 06525

203-623-0394

Private Practice	Generations Obstetrics and Gynecology (Formerly: Asis Medical Associates) 2446 Whitney Avenue Hamden, CT 06518	July 1, 2012 – Present August 1, 1993 – June 30, 2012
Hospital Affiliations	Yale New Haven Hospital, Attending	August 1, 1993 – Present
Teaching Positions	Yale University School of Medicine Associate Clinical Instructor Physician Assistant Student Mentor Nurse Practitioner Student Mentor	July 1993-Present
Education	Culinary Medicine Specialist American Institute of Ultrasound in Medicine Certified Menopause Practitioner Residency in Obstetrics and Gynecology New York Hospital – Cornell Medical Center Tufts University School of Medicine, MD Tufts University, Jackson College, BS, Biology	September 2022, anticipated January 2021 2017 June 1993 May 1989 May 1985 Magna Cum Laude
Associations	North American Menopause Society Menopause Practitioner American College of Obstetricians & Gynecologists - Fellow; Committee Member Committee to Support Vaginal Birth – YNHH Reviewer, Menopause Journal Secretary, New Haven Obstetrical Society Quality Assurance Committee Medical Executive Committee Ob/Gyn Hospital of Saint Raphael	2009 - present 2016 - present 2019 - present 1996-1998 2006-2012 2006-2012
Awards:	Lee Buxton Award , Medical Student Teaching	2017
Personal	Birthdate: Jun 22, 1963. Birthplace: Cordoba, Argentina	
Languages Spoken:	English, Spanish	
Home cook:	playing_with_fire622 (IG account)	