



NEW HAVEN PUBLIC SCHOOLS
AGREEMENT COVER SHEET

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Please Type

Contractor full name: Andrea Frasier, LLC

Doing Business As, if applicable:

Business Address: 260 East View Avenue, Cranston, RI 02920

Business Phone: 843-467-7918

Business email: info@andreafrasier.com

Funding Source & Acct # including location code: ESSER II – Wellness Opportunities Program, account # 2552-6363-56697, Location Code: 0000

Principal or Supervisor: Typhanie Jackson, Executive Director

Agreement Effective Dates: From 12/13/2021. To 06/30/2022.

Hourly rate or per session rate or per day rate.

Total amount: \$5,000

Description of Service: Please provide a one or two sentence description of the service. *Please do not write "see attached."*

Andrea Frasier, LLC Holistic Healing & Life Coaching with provide sessions for NHPS Administrators and Staff members to learn a simple emotional release technique to overcome chronic worry; break the worry habit and develop new healthy habits. These sessions are based on one of the Five Reiki Principles. Provider will guide NHPS administrators and staff through a process to elevate your thoughts by accepting the present and releasing anxiety to feel more inner calm. They will also experience a distant Reiki session.

Submitted by: Typhanie Jackson

Phone: 475-220-1760



NEW HAVEN PUBLIC SCHOOLS

Memorandum

To: New Haven Board of Education Finance and Operations Committee
From: Typhanie Jackson, Director of Special Education/Student Services
Date: Friday, November 05, 2021
Re: Andrea Frasier, LLC

Please ***answer all questions and attach any required documentation as indicated below***. Please have someone **ready to discuss** the details of each question during the Finance & Operations meeting or this proposal might not be advanced for consideration by the full Board of Education.

1. **Contractor Name:** Andrea Frasier, LLC

2. **Description of Service:**

Andrea Frasier, LLC Holistic Healing & Life Coaching with provide sessions for NHPS Administrators and Staff members to learn a simple emotional release technique to overcome chronic worry; break the worry habit and develop new healthy habits. These sessions are based on one of the Five Reiki Principles. Provider will guide NHPS administrators and staff through a process to elevate their thoughts by accepting the present and releasing anxiety to feel more inner calm. They will also experience a distant Reiki session.

3. **Amount** of Agreement and hourly or session cost: \$5,000

4. **Funding Source** and account number: ESSER II – Wellness Opportunities Program, account # 2552-6363-5997

5. **Continuation/renewal or new Agreement?**

Answer all questions:

- a. If continuation/renewal, has the cost increased? If yes, by how much? New
- b. What would an alternative contractor cost: Comparable Cost
- c. If this is a continuation, when was the last time alternative quotes were requested?
N/A
- d. For new or continuation: is this a service existing staff could provide. If no, why not?
No, contractor provides a specialized service.

6. **Type of Service:**

Answer all questions:

- a. Professional Development?
 - i. If this is a professional development program, can the service be provided by existing staff? If no, why not? No
- b. After School or Extended Hours Program? No

- c. School Readiness or Head Start Programs? No
- d. Other: (Please describe)

7. Contractor Classification:

Answer all questions:

- a. Is the Contractor a Minority or Women Owned Business? Woman Owned
- b. Is the Contractor Local? No
- c. Is the Contractor a Not-for-Profit Organization? If yes, is it local or national? No
- d. Is the Contractor a public corporation? No
- e. Is this a renewal/continuation Agreement or a new service? New
- f. If it is a renewal/continuation has cost increased? If yes, by how much? New
- g. Will the output of this Agreement contribute to building internal capabilities? If yes, please explain: It will provide Administrators and Staff members' techniques to overcome chronic work and develop new healthy habits.

8. Contractor Selection:

Answer all questions

- a. What specific skill set does this contractor bring to the project? If a new contractor, please attach a copy of the contractor's resume. Specific skill this contractor brings is that she specializing in Holistic Healing & Life Coaching to teach a simple way to relieve emotional chronic stress and worry.
- b. How was the Contractor selected? Quotes, RFP/RFQ, Sealed Bid or Sole Source? This vendor was selected based on this specific service provided exclusively by this agency.
- c. Please describe the selection process including other sources considered and the rationale for selecting this Contractor: This vendor was selected based on this specific service that she will be providing for our NHPS Administrators and Staff.

9. Evidence of Effectiveness & Evaluation

Answer all questions

- a. What specific need will this contractor address and how will the contractor's performance be measured and monitored to ensure that the need is met? This contractor's specific need is that she is specialized in Holistic Healing & Life Coaching; she will teach a simple way to relieve emotional chronic stress, break the worry habits, anxiety, and teach us how to develop new healthy habits.
- b. If this is a renewal/continuation service attach a copy of the evaluation or archival data that demonstrates effectiveness. New
- c. How is this service aligned to the District Continuous Improvement Plan? This is aligned to the district's continuous improvement plan as it helps and teach our NHPS administrators and staff to release and overcome chronic worry and by developing new habits through a process to elevate their thoughts by accepting the present and releasing anxiety to feel more inner calm.

10. Why do you believe this Agreement is fiscally sound? This agreement is fiscally sound as this service would help to teach NHPS Administrators and Staff new ways to deal with chronic worry and provide a way of healthy thinking to relieve anxiety.
11. What are the implications of not approving this Agreement? The implication of not approving this agreement is that we would not be able to provide healing support for our NHPS staff.



NEW HAVEN PUBLIC SCHOOLS

AGREEMENT
By And Between
The New Haven Board of Education
AND

Andrea Frasier, LLC

FOR DEPARTMENT/PROGRAM:

Student Services/Special Education Department

This Agreement entered into on the 04th day of November 2021, effective (*no sooner than the day after Board of Education Approval*), the 13th day of December 2021, by and between the New Haven Board of Education (herein referred to as the “Board” Andrea Frasier, LLC and, located at, 260 East View Avenue, Cranston, RI 02920 (herein referred to as the “Contractor”).

Compensation: The Board shall pay the contractor for satisfactory performance of services required the amount of **\$5,000** at a rate of **\$250 per session**, for a total of **16 sessions**, also to include **\$1,000** for planning to develop new presentation.

The maximum amount the contractor shall be paid under this agreement: **Five Thousand Dollars (\$5,000)**. Compensation will be made upon submission of an itemized invoice which includes a detailed description of work performed and date of service.

Fiscal support for this Agreement shall be by **ESSER II – Wellness Opportunities Program** of the New Haven Board of Education, **Account Number: 2552-6363-56697 Location Code: 0000**

This agreement shall remain in effect from **December 13, 2021** to **June 30, 2022**.

SCOPE OF SERVICE: *Please provide brief summary of service to be provided.*

Andrea Frasier, LLC Holistic Healing & Life Coaching with provide sessions for NHPS Administrative and Staff members to learn a simple emotional release technique to overcome chronic worry; break the worry habit and develop new healthy habits. These sessions are based on one of the Five Reiki Principles. Provider will guide NHPS administrators and staff through a process to elevate your thoughts by accepting the present and releasing anxiety to feel more inner calm. They will also experience a distant Reiki session.



NEW HAVEN PUBLIC SCHOOLS

EXHIBIT B

STUDENT DATA PRIVACY AGREEMENT SPECIAL TERMS AND CONDITIONS

For the purposes of this Exhibit B "directory information," "de-identified student information," "school purposes," "student information," "student records," "student generated content," and "targeted advertising" shall be as defined by Conn. Gen. Stat. §10-234aa.

1. All student records, student information, and student-generated content (collectively, "student data") provided or accessed pursuant this Agreement or any other services agreement between the Parties are not the property of, or under the control of, the Contractor.
2. The Board shall have access to and the ability to delete student data in the possession of the Contractor except in instances where such data is (A) otherwise prohibited from deletion or required to be retained under state or federal law, or (B) stored as a copy as part of a disaster recovery storage system and that is (i) inaccessible to the public, and (ii) unable to be used in the normal course of business by the Contractor. The Board may request the deletion of any such student information, student records or student generated content if such copy has been used by the operator to repopulate accessible data following a disaster recovery. The Board may request the deletion of student data by the contractor within two (2) business days of receiving such a request and provide to the Board confirmation via electronic mail that the student data has been deleted in accordance with the request, the date of its deletion, and the manner in which it has been deleted. The confirmation shall contain a written assurance from the Contractor that proper disposal of the data has occurred in order to prevent the unauthorized access or use of student data and that deletion has occurred in accordance with industry standards/practices/protocols.
3. The Contractor shall not use student data for any purposes other than those authorized pursuant to this Agreement.
4. A student, parent or legal guardian of a student may review personally identifiable information contained in student data and correct any erroneous information, if any, in such student data. If the Contractor receives a request to review student data in the Contractor's possession directly from a student, parent, or guardian, the Contractor agrees to refer that individual to the Board and to notify the Board within two (2) business days of receiving such a request. The Contractor agrees to work cooperatively with the Board to permit a student, parent, or guardian to review personally identifiable information in student data that has been shared with the Contractor, and correct any erroneous information therein.

5. The Contractor shall take actions designed to ensure the security and confidentiality of student data.
6. The Contractor will notify the Board, in accordance with Conn. Gen. Stat. § 10-234dd, when there has been an unauthorized release, disclosure or acquisition of student data. Such notification will include the following steps:

Upon discovery by the Contractor of a breach of student data, the Contractor shall conduct an investigation and restore the integrity of its data systems and, without unreasonable delay, but not more than thirty (30) days after such discovery, shall provide the Board with a more detailed notice of the breach, including but not limited to the date and time of the breach; name(s) of the student(s) whose student data was released, disclosed or acquired; nature of and extent of the breach; and measures taken to ensure that such a breach does not occur in the future.

7. Student data shall not be retained or available to the Contractor upon expiration of the contract between the Contractor and Board, except a student, parent or legal guardian of a student may choose independently to establish or maintain an electronic account with the Contractor after the expiration of such contract for the purpose of storing student generated content.
8. The Contractor and Board shall each ensure their own compliance with the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. § 1232g, as amended from time to time.
9. The Contractor acknowledges and agrees to comply with the above and all other applicable aspects of Connecticut's Student Data Privacy law according to Connecticut General Statutes §§ 10-234aa through 10-234dd.
10. The Parties agree that this Agreement controls over any inconsistent terms or conditions contained within any other agreement entered into by the Parties concerning student data.

CONTRACTOR ASSESSMENT

Vendor Name: Andrea Frasier, LLC - Holistic Healing & Life Coaching

Project Description: To provide Holistic Healing & Life Coaching sessions for Administrators and NHPS Staff to learn a simple emotional release technique to overcome chronic worry. And help develop new healthy habits.

Evaluator Typhanie Jackson

Date November 05, 2021

	Unacceptable				Excellent	Not applicable
	1	2	3	4	5	N/A
Quality of contractor's Work						
1. Attendance					X	
2. Effectiveness of consultation					X	
3. Ability to communicate with staff and parents					X	
4. Monitor and maintain social emotional behavioral records					X	
5. Appropriate recommendations for student programming					X	
Working relationship of contractors with district						
6. Timely submission of department data					X	
7. Positive feedback from staff and families					X	
8. Collegial, collaborative relationships with building professionals					X	
Implementation of practice across the district						
9. Flexibility in scheduling					X	
10. Team work with teacher and other professionals					X	
11. Individual/building training of social emotional behavioral strategies					X	



Personal Wellness Sessions for Educators

Presenter: Andrea Frasier, RMT

Organization: Andrea Frasier, LLC Holistic Healing & Life Coaching

Title: Elevate Your Thoughts

Description: When we are out of balance in mind, body, and emotions, we will struggle to live our best life and we are more susceptible to stress, anxiety, illness and disease.

If you tend to live in your head, worry about the future, dwell on the past, and lack balance in your life, it's important to restore inner harmony so you can feel happier, healthier, and more peaceful.

In this session, you will learn a simple emotional release technique to overcome chronic worry, break the worry habit and develop new healthy habits! This session is based on one of the Five Reiki Principles: *Just for Today, Let Go of Worry*. Andrea will guide you through a process to elevate your thoughts by accepting the present and releasing anxiety to feel more inner calm. You will also experience a distant Reiki session.

All of us have our own inner fears and worries. Andrea uses a unique approach that integrates her skills as an educator and life coach with energy balancing techniques, such as Reiki, essential oils, and positive affirmations to help you safely and gently release these chronic negative thoughts.

Intended Audience: School Administrator, Head of School, Principal, Assistant Principal, Classroom teachers, Teacher assistants, Physical education teacher, Health education teacher, School nutrition services manager, School counselor, psychologist or social worker, School nurse or health care provider, Art/Music/Humanities Teacher, Parents, Caregivers, etc.

Session Length: 1 hour or 90 minutes

Session Format: Virtual Session using Zoom

Session Cost: \$250/ hr

Contact: info@andreafrasier.com



Presenter: Andrea Frasier, RMT

Organization: Andrea Frasier, LLC Holistic Healing & Life Coaching

Title: The S.H.I.N.E. Formula for Educators

Description: Balance in mind, body and emotions would mean feeling like a success in the classroom and at home. Learn how to take care of your own wellbeing so you can give your best to your students while at school, and also to yourself & your family while at home. So often, teachers bring school home with them and carry personal issues to school and this can drain you as a spouse, parent and teacher.

The mind and body are a unit and there is no physical ailment where there isn't a mental and emotional component. In this session, you will learn the 5 part S.H.I.N.E. Formula to help you conquer this cycle of emotional stress and cultivate inner peace and happiness.

S.H.I.N.E. is an acronym based on the 5 Reiki principles. These five habits are extremely powerful when implemented on a daily basis. As a teacher, you have the opportunity to heal your mind, body and emotions, while positively influencing the social and emotional wellbeing of your students as well. Learn practical strategies to restore physical, mental and emotional balance so you can Shine at school and at home.

In this session, Andrea will show you how to make the SHINE principles a daily habit, especially if or when you catch yourself falling back into negative thought patterns and unhealthy habits.

Intended Audience: School Administrator, Head of School, Principal, Assistant Principal, Classroom teachers, Teacher assistants, Physical education teacher, Health education teacher, School nutrition services manager, School counselor, psychologist or social worker, School nurse or health care provider, Art/Music/Humanities Teacher, Parents, etc.

Session Length: 2 ½ or 3 hour (**a longer full-day option is available for in-person PL sessions that explores the SHINE principles in more depth with interactive experiences*).

Session Format: Virtual Session using Zoom

Session Cost: \$250/ hr

Contact: info@andreafrasier.com



Bio

Andrea holds a Master's degree in education; is a National Board certified teacher, Reiki master teacher (RMT), and is a certified transformational coach through the Southwest Institute of Healing Arts (SWIHA). She was a former classroom teacher, literacy coach and still serves as a part-time educational consultant with the Center for the Collaborative Classroom (CCC).

Andrea offers online Reiki classes, individual Reiki healing sessions, on-line courses, and facilitates *The Shine Reiki School*, *The Chakra Activation Method (CAM)*, & *the Shine Reiki membership*. She has studied various healing modalities, including Reiki, essential oil therapy, nutritional medicine and transformational life coaching.

She credits Reiki and the 5 Reiki principles for bringing about significant healing and transformation in her life, including overcoming the symptoms of fibromyalgia, chronic fatigue, stress and anxiety. She is passionate about sharing practical ways to integrate these transformational principles into your daily life to increase health, happiness and inner peace.



#SELday

(<https://selday.org>)

SEL Day 2022

***Finding common ground,
Pursuing common good***

March 11, 2022

SIGN UP
(<https://selday.org/sign-up/>)

133
DAYS

10
HOURS

56
MINUTES

***Join the movement to support social emotional
learning***

Showcase 2021

Over 12 Million Views for SEL Day!

On Friday, March 26th, thousands of educators, students, community organizers, and individuals celebrated the second annual International SEL Day by showcasing, promoting, advocating and supporting SEL around the globe. **YOUR efforts helped #SELday reach several important milestones:**

- Over 12 million views from over 8,000 mentions of #SELday
- Over 50,000 #SELday likes across social media
- #SELday trended on Twitter for more than 2 hours on March 26th
- Seven #SELday state proclamations and an #SELday U.S. Congressional Record
- Over #SELday 3,100 participants representing 69 countries and all 50 U.S. states
- More than 2,500 schools, districts and organizations represented

9 · Trending

#SELDay

 **Save the Children US**  @SavetheChildren · 21h

Across the U.S., kids struggle with complex feelings & emotions caused by natural disasters, disease or poverty.

Ahead of **#SELDay**, learn how our social & emotional learning programs draw on children's strengths and creativity to support their well-being....

8,112 Tweets

7 State Proclamations

Governors in seven states—Connecticut

(<https://twitter.com/EducateCT/status/1375468256547332102>), Delaware

(<https://twitter.com/UnitedWayDE/status/1374044871993008128>), Nevada